

Thanksgiving – The Key to Fear Free Living

Philippians 4:4-9

Five Questions when Studying the Bible:

1. What does this teach me about God?
2. What does this teach me about man/me?
3. What does this teach me to do?
4. What does this teach me to stop doing or avoid?
5. What is my response to what I have learned?

1. What does this teach me about man/me?

- a. Life brings you to places and situations that are scary
- b. We naturally worry or fear
- c. We naturally focus on that which is bad

2. What does this teach me about God?

- a. God is near
- b. God will give us His peace

3. What does this teach me to stop doing or avoid?

- a. Stop living in fear and anxiety

4. What does this teach me to do?

- a. Rejoice in the Lord
- b. Pray with thanksgiving
- c. Focus on that which is good

5. What is my response to what I have learned?